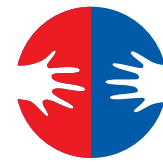


# Reaching Out



Drug ARM  
Australasia

Your direct link to the programs and services of Drug ARM

Autumn Edition



## Drug ARM volunteers are making a difference!

Drug ARM volunteers across Australia continue to exceed expectations and make outstanding contributions to our clients and the community.

In South Australia, volunteer Olivia and her partner Mark recently lifted the spirits of the Hillbank office by giving the front yard a major makeover!

SA State Coordinator Debby said "This may seem like a small transformation to outsiders, but it has lifted the spirits of the Hillbank office to see the front yard looking so neat and tidy and cared for! There is now an area/space for the volunteers to now sit outside during their lunch break and get some fresh air and sun. It is now also a nicer sight for the clients to walk into!"

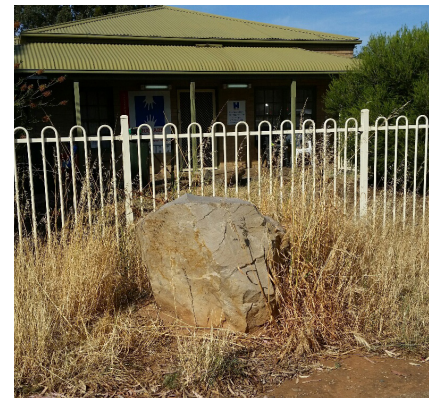
In December, New South Wales volunteer Lyn Townsend organised a hamper drive before Christmas and distributed hampers at sites in Liverpool and Parramatta. Lyn arranged this with the help of other Street Outreach Service volunteers, friends and family. Over 60 hampers were distributed to people in need over two nights.

Similarly in the Brisbane office, volunteers David Hale and Anna Dunne organised a hamper drive to alleviate some of the financial stresses that clients who access the Community and Family Support Service can experience over Christmas.

David and Anna worked with the volunteers, their church communities and corporate networks to help source not only necessary staples but also festive treats for the Christmas hampers.

Finally, the Toowoomba Op Shop volunteers have reached new heights this year and are expected to raise an extra \$5,000 for local Drug ARM programs and services.

Many of our programs and services would not be able to reach as many people without the support of volunteers. [If you are interested in volunteering contact Drug ARM on 1300 656 800.](#)



Hillbank Office (Before)



Hillbank Office (After)

### In This Edition

Drug ARM volunteers are making a difference | From the Executive Director  
Drug ARM Archives | Schoolies Week | Out and about  
Opera in the Gardens | New programs | Autumn Appeal | Meet Colleen

### Donate Online Today!

Connect at:  
[drugarm.com.au](http://drugarm.com.au)

Click on:  
Support Us - Donate



## Welcome to Autumn Reaching Out



I hope you had a safe and relaxing Christmas and New Year with your family and loved ones.

Drug ARM wrapped up a busy 2015 by doing what we do best - providing quality services to the community.

2015 was also the final year of service of our Board Chairman Dr John Roulston AM (pictured above with new Chairman Mr Harold Peacock.) On behalf of the Board and staff I wish John well and thank him for his many years of leadership for our organisation.

This Reaching Out features the assessment of our historical collection. It was a great joy to share with the community our history and to see how much Drug ARM has changed and grown over the years.

One of the materials from the archives caught my attention in particular - a bumper sticker in support of random

breath testing. It is particularly relevant as the discussion continues on alcohol harm and what necessary public health policies are needed to keep communities safe.

One of Drug ARM's ongoing advocacy activities has been the campaign for reduced hours of sale of liquor. With statistics coming out of Newcastle and Kings Cross regarding the success of reduced trading hours, it was encouraging to see the increased public health measures in Queensland be passed into legislation last month.

I also take this opportunity to express my deep thanks to our community of partners, donors, volunteers and staff.

I wish you a blessed Easter and look forward to working with you all in 2016.

**Dr Dennis Young**  
Executive Director

## Drug ARM opens the archives

Did you know Drug ARM's history can be traced back over 100 years?

Some of our most significant items in the Healthy Options library historical collection went on display for a limited time in November.

The public was allowed a rare opportunity to view some of the items that have been noted as having national and international significance by external archive assessors. This assessment was funded by the National Library of Australia.

Due to the fragility of many of our unique holdings, these items can only be displayed for short periods of time. Luckily we took plenty of photos!



Pictured above: An example of campaign materials from the 1970s



# Schoolies Success!



In November Drug ARM volunteers once again descended on the Gold Coast Schoolies precinct in November as part of the Community Safety Response.

Drug ARM volunteers operated a Recharge Zone nightly from 7pm to 1am providing schoolies with water and a safe place to recover if needed.

Drug ARM also conducts the Schoolies Research Project and collected over 700 responses from young people this year on their risk taking behaviours during Schoolies Week.

Interestingly the response from the schoolies showed that risk taking behaviours either continue to remain stable or are decreasing.



# Out and about

## Tenth Terrific Big City BBQ

Drug ARM was pleased to be a beneficiary once again for the tenth annual Brisbane Big City BBQ event on Friday 23 October 2015. The annual Day of Giving helps those less fortunate throughout the city. Following a hugely successful event, Drug ARM was presented with a cheque for \$16,000 to support our unfunded outreach services.

## O what a Week!

Debby and Rhona from the Drug ARM SA team were busy in February attending O Week at both Uni SA and Flinders Uni to recruit new volunteers. If you would like to volunteer in SA, give them a call on 1300 656 800.

## Holiday activities on the border

The Goondiwindi Drug ARM team held a range of activities in Goondiwindi, Boggabilla and Toomelah during the recent school holidays including a community BBQ Brekky, swimming and fishing, going to the cinema and a trip to Moree Pool.



# Southern Brisbane families better supported

Drug ARM are excited to announce the new Intensive Family Support Service.

Through this service, Drug ARM will work with vulnerable families who have complex and challenging needs to ensure they receive the necessary support to improve family functioning and wellbeing and are positively connected with their communities.

This service is delivered in partnership with Micah Projects and Churches of Christ in Queensland.

## 'Seeking assistance from Drug ARM helped me immensely'

Have you received a copy of the Autumn appeal? This season, we focus on the story of Janet.

Janet came to Drug ARM seeking help. However, Janet doesn't have a drug or alcohol problem. Just like hundreds of others who contact us each year, the childcare worker had concerns about a loved one's harmful use of drugs.

To find out more about Janet's story visit our website [www.drugarm.com.au/article/drug-arm-autumn-appeal](http://www.drugarm.com.au/article/drug-arm-autumn-appeal)





## Supplies for Street Outreach



### Cups and cups and cups!

Thank you to Carter Holt Harvey (CHH) for the donation of 24,000 cups for our Street Outreach Service. CHH has supported Drug ARM with donations of cups for twelve years! That is hundred of thousands of cups of coffee and tea served on our vans!



### Sweet treats hit the streets

Thank you to Charlie & Lisa's Bakery for supplying our Brisbane Street Outreach Service with worth of bread rolls, pastry, donuts and other sweet and savoury products each week (retail value of \$1000). This helps to save valuable resources.

## Volunteer Profile

Meet Colleen. She's been volunteering with Drug ARM for eight years.

In 2008, Colleen's son David, also a dedicated Drug ARM volunteer, tragically passed away. David loved volunteering for Drug ARM and Colleen still has his Drug ARM t-shirt and cap at home.

Colleen continues to volunteer for Drug ARM, with her most recent efforts being at our Schoolies 'Recharge Zone' on the Gold Coast in November.

Thank you Colleen!



## Opera to Popera - a Fiesta of Favourites

For the third consecutive year, the Rotary Clubs of Toowong, Karana Downs and Brookfield in conjunction with Drug ARM Australasia and the Zonta Club of Brisbane City Heart are proud to host the entertaining, enthralling and exhilarating 2016 Opera in the Gardens. Proceeds from this event support Drug ARM programs and services. Tickets on sale now via [operainthegardens.com](http://operainthegardens.com)

17 April 2016 | 2pm to 4:30pm | Mt Coot-tha Botanic Gardens | \$60 per ticket

## Donate now

### YES, I would like to make a gift to the ongoing work of Drug ARM

Please tick the boxes below or write down an amount of your choice.

\$75       \$100       \$250

Donation  \$ \_\_\_\_\_

Name: \_\_\_\_\_

Postal or Email address : \_\_\_\_\_

### Cardholder's details are:

Mastercard     Visa     Amex

For online donations please visit [www.drugarm.com.au](http://www.drugarm.com.au) and click the 'Support Drug ARM' icon.



**Drug ARM**  
Australasia

Card number

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Name on card \_\_\_\_\_

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Cheque/money order (payable to Drug ARM Australasia)

EFT - Drug ARM Australasia Gift Fund (payable to Drug ARM) Westpac BSB 034 002 A/C 704 955. Please send an email to [donate@drugarm.com.au](mailto:donate@drugarm.com.au) and reference with your name and transaction date.

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**Please fill in your name and preferred contact details so we can issue you a receipt.**