



Is this the 2nd Ice Age?

This was the question asked at the latest Ice Forum co-hosted by Healthy Options Australia and the Metro South Clinical Ethics Committee at the Princess Alexandra Hospital on Tuesday 28th July 2015.

This free public forum was developed to provide a space for clinicians, carers, media and concerned citizens to discuss the local community effects of the drug crystal methamphetamine (ice) and how to respond to it effectively and ethically.

The event proceedings were co-hosted by Drug ARM CEO Dr Dennis Young and Clinical Ethics Coordinator Dr Jenny Jones.

The first session set the scene for understanding substance use and its impacts. Presentations were delivered by an animated group of speakers including Dr Jeremy Hallyar who spoke on the current substance use environment in Qld, Sr Sgt Geoff Marsh who provided a police perspective on the situation and Gerard Byrne from the Salvation Army who spoke on the current responses from the non-government sector.

The second session was a Panel Discussion to deliberate on what could work to reduce the harm to individuals and local communities. Led by Chair, Adrian Braithwaite from the Queensland Bar, the panel members brought experiences from all areas directly related to ice.

The panel agreed that there needed to be more education, information, intervention and treatment services to help reduce harm and stigmas surrounding substance use. It was also agreed that although the 'drug of the moment' is ice it is important to keep working to reduce harm from the alcohol which still causes more harm than any other drug.

The challenge set to all attendees was to work with their local communities and continue to speak up for positive change to reduce harm from substance use.



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Welcome to Spring Reaching Out



It's been a very busy few months at Drug ARM.

Kick-starting the quarter was the launch of our new online alcohol and other drug prevention project - My AOD Prevention. It was my great pleasure to join Dr Peter Hendy MP, Member for Eden Monaro, representing the Assistant Minister for Health Senator the Hon Fiona Nash in launching the new online hub.

Around the Nation, Drug ARM teams have been participating in forums on methamphetamine. In Brisbane, our parent organisation, Healthy Options Australia, hosted a forum asking the question 'Is this the 2nd Ice Age?'. It was great to co-MC the event and to keep the conversation going. If you are interested in learning more about 'ice' or other substances you can contact our Library on 07 3620 8800.

Have you seen our Facebook page recently? Drug ARM has been ramping up our involvement on social media in line with the rest of the Healthy Options Australia Group. Our sister organisation the Australian College of Community Services launched their Facebook page in September so jump on and give them a 'Like'!

Drug ARM also moved office location in Ipswich. We are currently seeking sponsors and volunteers to help us make the new office a welcoming space in the community. Any assistance is appreciated so please get in touch!

Thank you to all of our supporters and volunteers. I look forward to working with you all as we continue to reach out and reduce harms from alcohol and drug use.

Dr Dennis Young
Executive Director

My AOD Prevention Launch

On 1st July 2015 at the National Library of Australia, Drug ARM launched a new online hub for Alcohol and Other Drug Prevention resources, development and networking.

My AOD Prevention is a national online resource for alcohol and other drug prevention and health promotion professionals. This online hub provides a one stop shop where communities of practice can access the latest in prevention theory, resources and best practice.

Members are able to access a range of skill development and contribution opportunities through knowledge and practice sharing.

Become a member today www.myaodprevention.org.au



Out and about



R U OK?

On R U OK Day, Drug ARM teams participated and facilitated activities across the nation.

Pictured above is the Drug ARM Goondiwindi, Boggabilla and Toomelah team who gathered with the local community in Toomelah NSW to celebrate.

Drug ARM were also invited to host a stall for R U OK Day at Reynella East College, SA attended by both primary and high school students.

Ipswich Book Affair

Drug ARM recently held it's annual Ipswich Book Affair during Mental Health Week.

Our launch this year featured Mayor Paul Pisasale, award winning author Phillipa Spork, a choir from Ipswich Grammar Junior School Choir and the Spruce Girls.

We were also very lucky to have local author/illustrator of Motivating Giraffe, Penny Redshaw join us over the 4 days of the event.

We would like to thank all our volunteers, All Purpose Transport, Jets Football Club, Mayor Paul Pisasale, Cr Bruce Casas, Cr Charlie Pisasale, Cr Cheryl Bromage, Cr David Pahlke, State Library of Queensland, Bank of Queensland and the Queensland Times.

If you live in Queensland and are interested in volunteering for this annual event, please call 07 3620 8850.



Pictured: Dr Dennis Young, Mayor Paul Pisasale & author Phillipa Spork



Street Links in Ipswich

Drug ARM recently attended Street Links in Ipswich. At the event we helped provide homeless and at risk people with information about services in the Ipswich area. We also took the opportunity for a snap with local Mayor Paul Pisasale!



DASSA Aboriginal Alcohol, Tobacco, and Other Drugs Forum

Our South Australian team were invited to host a stall at the DASSA Aboriginal Alcohol, Tobacco and Other Drugs Forum. Our team provided information on the new online networking site My AOD Prevention to people from rural and regional SA.



World Hepatitis Day event held at Warradale, SA

Drug ARM in SA were successful in securing a small grant through Hepatitis SA for World Hepatitis Day. Volunteers in SA were invited to a talk on Viral Hepatitis delivered by a Hepatitis SA community educator and 'Positive Speaker' who shared his journey of living with hepatitis.



Fun in the Ipswich sun

Drug ARM attended the Welcome to Ipswich Family Fun day which was held on the 27th June 2015 at Queens Park Rotunda. The aim of the event was for the Ipswich community to welcome new refugees and migrants to Ipswich. It was an informal, family fun day, with lots of free activities.



How we can assist with hoarding?

Drug ARM in association with Centacare and Ipswich City Council officially launched the West Moreton Oxley Hoarding and Squalor Working and Case Coordination Groups. Over 100 workers across different sectors in the area attended the event.

From the Library

We recently purchased a range of new resources for the Library covering the following topics!

- Significant others – 11 new resources
- LGBTIQ – 3 new resources
- ATSI resources – 5 new resources
- CALD – 5 new resources

Establishment of online collection:

- 49 eBooks
- 12 journal subscriptions.



To become a member or to donate to the Library, visit the website at library.healthyoptions.org.au or call 07 3620 8800.



**Drug ARM
Australasia**

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facebook.com/drugarm
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Thank you to our supporters

Many of our programs depend on the generous nature of those who spread our message or provide us with in-kind or financial support.

Your contributions have helped make a positive difference in the lives of people who are experiencing complex needs, as well as being the leading providers of support for people, families and communities who have been impacted by alcohol and drugs.

We thank you for enabling and inspiring us to stay on our mission to Reach Out and Reduce Harms in the community.

Please give generously using the donation slip below or the Spring Appeal donation slip.



Pictured : Drug ARM Supporters Prudence and Shaun from Brisbane Cup Supplies who donated over 1000 cups for the Outreach van!

Membership

Drug ARM relies on your advocacy and support to continue our mission to engage, encourage and empower people and communities through our prevention, outreach, treatment and recovery services. Our members have enabled us to help accomplish so much this year and next year we will continue to develop, expand and improve our programs and services so we are leaders in quality assistance for those in need.

Your membership renewal will continue to provide member benefits, such as access to the Healthy Options Library, newsletters, special event information regarding workshops, seminars and volunteering opportunities.

Drug ARM offers the following Memberships:

Individual:	1Yr \$45	3Yrs \$120	Church group:	1Yr \$55	3Yrs \$145
Family:	1Yr \$60	3Yrs \$150	Community group:	1Yr \$45	3Yrs \$120
Senior/Concession:	1Yr \$20	3Yrs \$50	Corporate:	1Yr \$200	3Yrs \$300

Donate or become a member now

YES, I would like to make a gift to the ongoing work of Drug ARM or become a Member

Please tick the boxes to indicate if you are making a donation or if you would like to become a member and write the amount in the space provided.

Membership _____

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Name: _____

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For online donations please visit www.drugarm.com.au and click the 'Support Drug ARM' icon.



**Drug ARM
Australasia**

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EFT - Drug ARM Australasia Gift Fund (payable to Drug ARM) Westpac BSB 034 002 A/C 704 955. Please send an email to donate@drugarm.com.au and reference with your name and transaction date.

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